

## IELTS SPEAKING PART 1

### 1. Do you like walking?

Walking is unavoidable, mainly if you live on campus. You walk to school and buy groceries; you walk everywhere every day. However, there are days when my legs kill me. As a result, despite having to walk every day, I have to admit that walking is not my cup of tea.

### Do you like to walk on your own or with others?

If I'm in a hurry, I walk or run as fast as I can; no time for small talk, right? But, even if you have plenty of time, walking is a great way to unwind, get some fresh air, and enjoy the world outside in peace. Now and then, I go for a long walk after school. So I think I prefer walking on my own.

### Would you say that your city is a good place for walking?

Walking is less prevalent in my city than it once was, as more and more people prefer to ride a motorcycle. As a result, residents now have fewer parks and walking areas. Furthermore, walking in such hot weather and polluted air is also not good. As a result, I would not recommend my city as a walking destination.

### Do people in your country walk a lot?

They no longer walk as much as they used to. Private transportation is becoming more affordable and diverse in terms of price, design, and quality. You can easily spot middle-aged and older adults walking in the park or on the street, and they all appear to be having a good time.

### Do you think walking is significant?

Absolutely. Walking is the most simple and convenient form of exercise. It allows people of all ages and walks of life to participate, but it also encourages us to get outside and change our surroundings, which helps us relax and stay balanced.

### Do you walk more than in the past?

I do. When I stayed at home, I took the bus to school, and all my chores were done for me. Now I live on campus. I have to walk from my dorm room to class and back. I have to walk around campus to buy stuff and get things done. So I walk a lot more than before.

### Walking in the countryside is better than walking in the city?

I think it is much better to go for a stroll in the countryside than in the city because the air in the countryside is fresher and healthy to breathe, unlike in big cities that contain **toxic chemicals**. Also, there is less traffic in the country, so it is less likely for one to get hit by a car while walking, which happens pretty often in cities, unfortunately.

### What could be done to improve the experience of walking in cities?

Well, this is an interesting question to think about. I certainly think people in big cities should be encouraged to walk more. For this to be done, they need to be ensured that walking in the city is healthy and safe. The relevant authorities should consider more extensive and better sidewalks with walking times and directions to various destinations.

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